



Take the Pledge!

The AffirmWater Pledge

I promise to drink more water from a safe, reusable container while turning on the tap. Whenever possible, I will choose to take my reusable water bottle with me to stay hydrated and minimize the need to purchase bottled water. If I need to use another container, such as a plastic bottle, I will recycle it.

Taking this positive action will result in:

- Having more energy, clearer thinking and feeling satisfied
- My physical body being hydrated, lubricated and in good working order
- Preventing toxins from being ingested into my body that are leached into the water from plastic bottles
- Keeping money in my pocket because if I DON'T buy ONE BOTTLE a DAY at \$1.50 for ONE YEAR I will save \$550
- Caring for my planet by minimizing plastic bottles in landfills and our oceans. *It's estimated that 80% of plastic bottles are not recycled and take approximately 700 years to begin composting*
- Minimizing the use of oil, as 24 million gallons of oil are needed to produce a billion plastic bottles
- Reducing carbon emissions, because plastic bottles won't have to be transported to retail stores

Signature _____

For more information go to:

AffirmWater.com